

DESTINATION DESERT

RECIPE CARD

Tahini Cookies ~ Ben Azadi (Keto Camp)

INGREDIENTS:

2 Ripe Bananas

1 Big Scoop / or 2

Med. Scoops Protein

Powder - Cookies N

Cream

$\frac{3}{4}$ c. Tahini

$\frac{1}{4}$ c. Chopped

Walnuts

$\frac{1}{4}$ c. Dark Choc. Chips

DIRECTIONS:

Mash Bananas with Fork til smooth

mix all ingredients together

Refrigerate for 45-60 min.

Cookie dough on Parchment Paper

Makes 6 - 12 depending on Size

Bake at 350 15 - 18 min.

**Can Freeze

Enjoy!

Andy & Sarah

